The Susan G. Komen for the Cure Promise is to save lives and end breast cancer forever by empowering people, ensuring quality care for all and energizing science to find the cures.

the Promise

RESEARCH DOLLARS CATAPULT KOMEN TOWARD FINDING A CURE

Susan G. Komen has made a promise to end breast cancer forever – and energizing science to find the cures is a critical part of this promise. In August 2013, Susan G. Komen® announced $4.5 million in new research grants specifically aimed at understanding the role that the environment may play in breast cancer development.

The environmental grants will be part of more than $42 million in new 2013 research grants announced in August by Susan G. Komen, the world's largest breast cancer organization. This year's investment brings the total amount that Komen has invested in breast cancer research since its founding in 1982 to more than $790 million, making Komen the largest nonprofit funder of breast cancer research outside of the U.S. government.

The Northwest Ohio Affiliate of Susan G. Komen has played an integral role in raising research dollars to find the cures for breast cancer. Since 2000, 25% of proceeds raised by Komen Northwest Ohio have benefited national research, totaling over $2.5 million. The other 75% raised benefits local breast cancer health and treatment programs in Northwest Ohio and Monroe, County Michigan.

Komen Northwest Ohio Board President, Mary Chris Skeldon is one of many individuals who has benefited from national research through partially Komen-funded clinical trials at Karmanos Cancer Institute in Detroit. She was one of the first to undergo clinical trials with the drug KADCYLA which has since become FDA approved and knows the importance of these clinical trials for the future. To hear more about Mary Chris's story, please see the President's Message on page 2.

Since 1982, Susan G. Komen has played a critical role in every major advance in the fight against breast cancer – transforming how the world talks about and treats this disease and helping to turn millions of breast cancer patients into breast cancer survivors. The Komen vision continues to be a world without breast cancer and with great strides in research that vision is moving more toward reality. To learn more about Komen's research portfolio please visit **www.komen.org**.

KOMEN NORTHWEST OHIO PROUDLY AWARDS 2013-2014 SMALL GRANTS

GRANTEE ORGANIZATION:
1Matters

PROGRAM TITLE:
Tent City – Screening Mammograms

AMOUNT: $9,014

COUNTY SERVED: Lucas

GRANTEE ORGANIZATION:
Hospital Council of Northwest Ohio

PROGRAM TITLE:
2014 Lucas County Health Assessment

AMOUNT: $3,000

COUNTY SERVED: Lucas

GRANTEE ORGANIZATION:
Nightingale's Harvest

PROGRAM TITLE:
Empty to Full- Feeding Breast Cancer Patients and Their Families

AMOUNT: $6,586

COUNTIES SERVED: Lucas, Sandusky and Wood

GRANTEE ORGANIZATION:
North Coast Cancer Foundation

PROGRAM TITLE:
Breast Patient Navigator Certification Program

AMOUNT: $3,900

COUNTIES SERVED: All 24 counties in the Komen Northwest Ohio region

SEE PAGES 3-7 FOR 2013 RACE FOR THE CURE HIGHLIGHTS

A MESSAGE FROM OUR BOARD PRESIDENT

Dear Friends and Colleagues,

Susan G. Komen research dollars are keeping me alive! As a breast cancer survivor and Board President of the Northwest Ohio Affiliate, I see the impact that Komen is making every single day. Today I want to share my story so that you can get a glimpse of the Komen difference too.

My journey began 16 years ago. I was living the life, with a great career as Press Secretary to Mayor Carty Finkbeiner. I worked long hours into the night and on weekends. I was beyond busy, involved as a community volunteer for a number of causes and raising three kids with my husband Marty.

But there it was – a breast cancer diagnosis, and I was mad. I remember my words – I have no time for this – how long will all of this take? My doctor told me that the next year of my life would be very different, and it was. The news went from bad to worse. Not only did I have breast cancer, it had moved from the breast and into my bones. I had late stage cancer.

Does this mean I am going to die? 18 months – that was the average life expectancy for someone in my shoes. I still remember what I was wearing at that moment, and the pain that overcame me as I looked at my husband and thought about my children. We went home that night and called a family meeting. I will never forget the look on my kids' faces. We can beat this mom – we are tough. We ended the meeting with a prayer. And so the fight was on.

I remember telling my oncologist – give me the strongest drugs available – drop the chemo bomb on me. At that time stem cell transplants were done for breast cancer patients, but it was risky – people were dying from the treatment. I want that – give me a transplant – it is my only shot. My oncologist at the Cleveland Clinic said something to me that I have lived by every day since then. "You stay in life, leave the cancer to me." Stay in life, stay in life – those words have set me free. And for 13 years I was in remission. It was a miracle.

I began service as Komen Board president in April of 2011. By June, I found myself once again facing my enemy – it came back. This time in many more places. Should I step down from the board? The answer came to me as I thought about my greatest inspiration and mentor, my daddy. He lived by this motto "Nie Die Sie" – a Polish phrase for Never Give Up. So that was my answer – never give up – stay in life!

Once again I sought out the most aggressive treatment including a clinical research trial that was paid for in part by Komen funds. I am still in treatment and probably will be for the rest of my life. There is that wonderful word again – LIFE! We love it don't we? Many of the drugs I have benefitted from were made possible from Komen research dollars. I can truly say that Komen is saving my life and the lives of everyone touched by breast cancer.

While there may be other organizations making a difference in the world of breast cancer, I know that Susan G. Komen has had a direct impact in my life. It is an honor to serve as Board President and to give back to the organization that is walking the journey with me.

Nie Die Sie!! Never Give up,

Mary Chris Skeldon

Mary Chris Skeldon,
President, Board President 2012-2014

WHY KOMEN?

- Komen is the largest nonprofit funder of breast cancer research, second only to the U.S. government having invested $804 million since 1982.
- Komen funded 124 new research grants in 2013
- Komen has invested more than $1.7 billion in community health, education and outreach in local communities since 1982
- Komen received its sixth four-star rating from *Charity Navigator* in 2013.
- *Forbes* magazine recently named Komen among the Top 50 charities for 2013.

TAX CHECK-OFF SIGNED INTO LAW

Governor John Kasich joined breast cancer advocates in providing a new source of funding to improve women's health and save lives. During a recent bill signing ceremony, the Governor announced an opportunity for taxpayers to dedicate a portion or all of their state tax refunds to Ohio's Breast and Cervical Cancer Project (BCCP), a federally funded state safety-net program for low-income, uninsured women who do not qualify for Medicaid.

Governor Kasich also announced that the state will match every dollar in taxpayer donations with $3 from the State Health Innovation fund up to $1 million.

2 RACES. 2 CITIES. 2 DAYS.

1 HUGE SUCCESS.

2013 was an extraordinary year for the Northwest Ohio Affiliate of Susan G. Komen that culminated on the last weekend in September as the Inaugural Findlay Race for the Cure was held on Saturday, September 28, 2013 and the 20th Annual Toledo Race for the Cure was held on Sunday, September 29, 2013.

On Saturday, downtown Findlay, Ohio was transformed as over 3,000 runners, walkers and Komen friends came out to support the fight against breast cancer. Under the leadership of Race Chair Karen Cline, the first year event doubled the amount of expected participants, held survivor activities for over 200 breast cancer survivors, and raised over $250,000 – 75% of which goes to support local breast health programs. The other 25% goes to support research.

The Toledo Race for the Cure, the largest event in the Northwest Ohio community, celebrated its 20th Anniversary in 2013. On Sunday, thousands of participants came together for a memorable day honoring breast cancer survivors, their families, friends and supporters. "To be a part of the 20 year anniversary of the Race for the Cure in Toledo was a tremendous experience," said Race Chair Kelly Keefer. "It was a special year and I am proud of the community for their unwavering support of Komen Northwest Ohio."
(continued on page 6)

TOP TEAMS TOLEDO

2013 LARGEST TEAMS BY CATEGORY

- Healthcare Teams: ProMedica, Regency Hospital of Toledo and Team TRO
- High School Team: AW for the Cure 2013, Anthony Wayne High School
- Family/Friends Team: Johns Manville
- Small Business Team: EXTREME RESULTS
- Mid-size Business Team: Team Spencer
- Corporate Team: Owens-Corning
- New Team: ChristyStrong
- School/University Team: Team CD3, University of Toledo
- Government Agency Team: Lucas County Wellness

TOP FUNDRAISING TEAMS

- Healthcare Teams: ProMedica, Regency Hospital of Toledo and Team TRO
- High School Team: AW for the Cure 2013, Anthony Wayne High School
- Family/Friends Team: Team Andres
- Small Business Team: Team LuLu
- Mid-size Business Team: Re/Max Preferred
- Corporate Team: Owens-Corning
- New Team: ChristyStrong
- School/University Team: Penta - FFA
- Faith-Based Organization Team: Memorial Lutheran

TOP TEAMS FINDLAY

2013 LARGEST TEAMS BY CATEGORY

- Healthcare Teams: Blanchard Valley Health System, Bluffton Hospital Cancer Crushers and NWO
- High School Team: Army Brigade, Arlington High School
- Family/Friends Team: Emily's Army
- Small Business Team: Charles Construction Services
- Mid-size Business Team: Fighting Proudly for the Cure
- Corporate Team: Marathon Petroleum
- School/University Team: VB Black Knights
- Faith-Based Organization Team: Unity Supports the Cure
- Community Organization Team: Pink Pride

TOP FUNDRAISING TEAMS

- Healthcare Teams: Blanchard Valley Health System, Bluffton Hospital Cancer Crushers and "The" Pink Ladies
- High School Team: Army Brigade, Arlington High School
- Family/Friends Team: Emily's Army
- Small Business Team: Charles Construction Services
- Mid-size Business Team: Fighting Proudly for the Cure
- Corporate Team: Marathon Petroleum
- School/University Team: VB Black Knights
- Faith-Based Organization Team: First Lutheran Support Team
- Community Organization Team: Pink Pride

*Combination of 5 teams

SAVE THE DATE: SATURDAY SEPTEMBER 27, 2014 – 2ND ANNUAL RACE FOR THE CURE – FINDLAY

THANK YOU TO OUR 2013 FINDLAY RACE SPONSORS

PRESENTING PINK RIBBON

Marathon Petroleum Corporation

SUPPORTING PINK RIBBON

The Findlay Publishing Company
A Multimedia Information Source
The Courier • 106.3 The Fox • WFIN
WKXA • Allegra Marketing, Print & Signs

WTOL 11
TOLEDO'S NEWS LEADER

PINK DIAMOND

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The Community Foundation

DAVE'S running

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Great Scot community markets

HEMPY WATER

PRO-TEC COATING COMPANY

TOWN MONEY SAVER

PINK SPONSOR

Ball Corporation, Findlay • Hearthside Food Solutions • The Kirk Family of Companies
Kohl's Distribution Center • Meijer • The Salon Professional Academy

IN CELEBRATION OF KARA WARD

Kara Ward is 30 years old and was diagnosed with breast cancer in January 2013. Her determination to win has been filled with hope, education, courage and inspiration. Kara shares her passion for dance with little girls and young women at Becky's School of Dance. Despite a very aggressive treatment plan, Kara has used every opportunity to teach dance routines and teach her students about facing each challenges with strength and never giving up. On May 18, 2013, Kara took the stage at Becky's School of Dance Recital and taught people that life is for celebrating each moment and embracing the journey that God has provided.

IN MEMORY OF HOLLY CORRELL

Holly Correll, barely 5 feet tall, had a big personality and an even bigger sense of humor. She was honest, open and able to make you smile effortlessly. Throughout her fight with breast cancer, Holly maintained her strong faith in God. She encouraged and prayed for others in their struggles. Holly loved family and friends but especially loved her two young children – legacies of an amazing individual who is now making angels giggle.

All "In Memory" and "In Celebration" stories by Mary Helen Darah

IN CELEBRATION OF KELLI ANDRES

Kelli Andres of Sylvania, Ohio, was diagnosed with stage 3 breast cancer three years ago at the age of 45. Unfortunately, this was not her first bout with cancer. At the age of 12 she was diagnosed with osteosarcoma and had to have her leg amputated. An avid fundraiser, she heads up "Confections for the Cure" in the summer and along with her two boys, sets up a lemonade stand to raise money for Komen. Kelli is known to laugh more than she cries even during the hardest moment. She remains an inspiration to all who know her by her continued strength through this battle.

IN MEMORY OF DENISE SOTO

Denise Soto was a loving mom, wife and friend. She always gave all of her time and talent to those who knew her. She encountered hundreds of people facing trials in their lives whether it was health, heartbreak or personal struggles, and was a guide in helping others to see life more clearly. She and her husband opened Soto Salon and Spa in 2000 and The Salon Professional Academy in 2005. Shortly after, in June of 2009, Denise was diagnosed with breast cancer. Denise took the attitude of "How can I grow from this, who can I help?" Through her treatments, her love for those around her grew, her knowledge of faith grew and she did not let the disease restrict her from pursuing career achievements. She passed away on January 15, 2011.

THANK YOU TO OUR 2013 TOLEDO RACE SPONSORS

PRESENTING

NORTHWEST OHIO FORD DEALERS

PLATINUM

THE BLADE · FRUCHTMAN MARKETING · HOLLYWOOD Casino TOLEDO, OH · Houston Johnson, Jr., MD Specialist in Diseases of the Breast · 93.5 WRQN · WTOL 11 TOLEDO'S NEWS LEADER

PINK RIBBON

Kroger · MERCY · City Paper · THE UNIVERSITY OF TOLEDO MEDICAL CENTER

GOLD

AccuShred · Barry's Bagels · esd · The Image Group · Mark Feldstein & Associates, inc. · OG@75 OWENS CORNING | SINCE 1938 · Owens Corning · The Pinnacle · PROMEDICA · Mudhens · The Toledo Clinic · Tim Hortons · Welch's Golf Carts WelchsGolfCarts.com · Wendy's

SILVER

ACE · The Andersons · bp · Chiropractic Cares · DAVE'S running · DICK'S SPORTING GOODS · GINO'S PIZZA · HJ HAROLD JAFFE JEWELERS · HEALTHCARE REIT · MAX & ERMA'S · meijer · METZGERS PRINTING • MAILING · The Salon Professional Academy · Savage & Associates · SUBWAY · THERMA-TRU DOORS · Toledo Free Press

BRONZE

Dr. Beth White of Northwest Surgical Specialists, Inc. • Firelands Regional Medical Center
HCR ManorCare Gives • Healthy Living News • Heidtman Steel Products, Inc. • Maumee OB/GYN
Mercy Memorial Hospital • North Coast Cancer Foundation • Page Plus Cellular
PNC • Springfield Transportation • Toledo Refining Company

Photos above – Toledo Race

2013 FINDLAY RACE WINNERS

- **MEN'S OVERALL**
  Evan Gaynor – Perrysburg, Ohio
- **WOMEN'S OVERALL**
  Arden McMath – Findlay, Ohio
- **MEN'S MASTERS**
  Dean Birchmeier – Findlay, Ohio
- **WOMEN'S MASTERS**
  Mary Twining – Findlay, Ohio
- **OVERALL TOP SURVIVORS**
  #1 Deanna Kiesel – Findlay, Ohio
  #2 Laura Huffman – Pandora, Ohio
  #3 Kimberly Wilder-Fisher – Defiance, Ohio
- **WOMEN'S SURVIVOR MASTERS**
  Nita Crawford – Findlay, Ohio
- **WOMEN'S SURVIVOR SENIOR MASTERS**
  Lyn Benavides – Findlay, Ohio

2013 TOLEDO RACE WINNERS

- **MEN'S OVERALL**
  Evan Gaynor – Perrysburg, Ohio
- **WOMEN'S OVERALL**
  Danielle Sidell – Akron, Ohio
- **MEN'S MASTERS**
  Craig Nieset – Chardon, Ohio
- **WOMEN'S MASTERS**
  Jenny Vartanian – Toledo, Ohio
- **OVERALL TOP SURVIVORS**
  #1 Denine Cramer – Napoleon, Ohio
  #2 Deanna Kiesel – Findlay, Ohio
  #3 Lori Miller – Sylvania, Ohio
- **WOMEN'S SURVIVOR MASTERS**
  Patti Burke – Temperance, Michigan
- **WOMEN'S SURVIVOR SENIOR MASTERS**
  Linda Regelin – Monroe, Michigan

THANK YOU ...

to the following local restaurants who participated in the 2013 Dine Out For the Cure program!

TOLEDO

- La Fiesta
- The Blarney Irish Pub
- Luckies Barn and Grill
- Glass City Cafe
- El Camino Real, El Camino Sky, El Camino Maumee
- Max and Erma`s
- Manhattan's Restaurant
- Bleak House Coffee
- Star Diner
- Ye Olde Durty Bird
- Ye Olde Cock n Bull

FINDLAY

- Max and Erma`s
- City Barbeque
- Cedar Valley Cafe
- Jed`s Fireballs & Brew
- The Wine Merchant

To participate in Dine Out for the Cure in 2014, please contact Stephanie Pilgrim at **stephanie@komennwohio.org.**

2 RACES. 2 CITIES. 2 DAYS.
1 HUGE SUCCESS.

(continued from page 3)

This year alone, Komen received $1.2 million in community grant requests for the 2014 grant year. While the money raised will go a long way in funding the needed breast health services for uninsured and underinsured women and men in our 24 county service area, the need continues to outpace the funds raised.

So, mark your calendar now to join us for the 2nd Annual Findlay Race for the Cure to be held on Saturday, September 27, 2014 and the 21st Annual Toledo Race for the Cure on Sunday, September 28, 2014. Plan to bring a friend, start fundraising now, participate in both Races and help us achieve our goal of funding all strong and viable local grants and saving as many lives as possible in the fight against breast cancer.

Pink Honor Roll™
Susan G. Komen Northwest Ohio Race for the Cure

TOLEDO 2014 PINK HONOR ROLL

- Elizabeth Allen
- Kelli Andres
- Van Andres
- Cailen Ball
- Jeremy Brown
- Michele Chambers
- Melissa Cogar
- Kathy Dominique
- Tina Emerick
- Kate Fischer
- Stacy Hammer
- Jody Hartzell
- Dee Hyde
- Andrea Jones
- Rayvonna Kincaid
- Donald Long
- Tammy Myers
- Megan Poisel
- Marti VanEenenaam-Iwanicki
- Howard Walters
- Cheryl Wendt
- Mary Westphal
- Violet Woods
- Amanda Zoeller
- Kathleen Zouhary

Photos below - Findlay Race

WHIRLPOOL PINK WASHER AND DRYER GIVEAWAY

Winner Angelyn Davis (left), pictured with Komen Special Events Manager, Leslie Schubargo. Angelyn was ecstatic when chosen as the winner. Her brand new Maytag washer and dryer were delivered on December 12th. Congratulations, Angelyn!

Rockets for the Cure
Susan G. Komen NORTHWEST OHIO
Women's Basketball
Toledo vs. Ohio
Saturday, February 15 at 2 p.m.

Pink in the Rink
WITH THE TOLEDO WALLEYE
March 1&2
Saturday 7:15 pm • Sunday 5:15 pm
Toledo Walleye
ProMedica Cancer Institute
Susan G. Komen NORTHWEST OHIO
For more information visit ToledoWalleye.com/Pink

2014 BOARD MEMBERS

Mary Chris Skeldon, President
Theresa McHugh, Vice President
Michele Mernen Rice, Treasurer
Lori Decker, Secretary
Deborah Barnett
Karen Cline
Mark Evans
Shaneli Fernando, M.D.
Brian Fink, Ph.D.
Anne Loochtan, Ph.D.
Bryan Minges
Judge Lynn Howard Schaefer
Robin Shermis, M.D.
Christy Contardi Stone

UPCOMING EVENTS

February 15, 2014
Rockets for the Cure
UT Women's Basketball

March 1-2, 2014
Pink in the Rink
Toledo Walleye

September 6, 2014
Survivor Breakfast

September 27, 2014
2nd Annual Komen Findlay Race for the Cure

September 28, 2014
21st Annual Komen Toledo Race for the Cure

October 2014
National Breast Cancer Awareness Month

The Promise is Published by the Northwest Ohio Affiliate of Susan G. Komen®
Phone: 419-724-CURE (2873)
Fax: 419-724-2874
Email: Promise@komennwohio.org
Website: www.komennwohio.org

The Komen Northwest Ohio Affiliate serves the counties of: Allen, Auglaize, Crawford, Defiance, Erie, Fulton, Hancock, Hardin, Henry, Huron, Logan, Lucas, Mercer, Ottawa, Paulding, Putnam, Sandusky, Seneca, Shelby, Van Wert, Williams, Wood, Wyandot and Monroe county, Michigan.

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HOLLYWOOD CASINO HOSTS AN EVENING FIT FOR THE STARS

On November 12, Hollywood Casino hosted an evening fit for the stars to help Komen Northwest Ohio honor those outstanding Toledo Race for the Cure fundraisers and special friends. More than 150 sponsors, top fundraisers, board members and Komen supporters joined in a thank you celebration filled with entertainment, food, gifts and fun for all. The 20th Anniversary of Komen Northwest Ohio was celebrated all year long with the Hollywood Casino event wrapping up another record-breaking year for Komen Northwest Ohio!

Left: "It's Essential" takes the stage
Top right (L to R): Kelly Childress-Keefer (2013 Toledo Race Chair), Mary Chris Skeldon (President of Komen Board) and Greg Clausing (2014 Toledo Race Chair)
Lower right (L to R): Michelle Cocchiarella, Ashley Lockhart, and Kelli Andres (2013 "In Celebration of" Honoree for Toledo Race)