**Education & Screening (group/one-on-one education, mammograms)**

**Avita Health System**  
Avita CARES for Women+  
419-468-0345 – Melody Phillips  
Counties Served: Crawford, Huron, Seneca, Wyandot

**Blanchard Valley Health System**  
Hancock County Mammography Screening Initiative  
1-877-463-3686 – Linda Nisley  
Counties Served: Defiance, Hardin, Logan, Williams

**Firelands Regional Medical Center and Cancer Services of Erie County**  
P.S.I.C.E. (Support, Prevention, Intervention, Community Education)  
419-557-7151 – Alice Springer  
County Served: Erie

**Hospital Council of Northwest Ohio**  
Yes, MAMM*!  
419-842-0800 – Julie Grasson  
Counties Served: Allen, Auglaize, Defiance, Erie, Fulton, Henry, Huron, Lucas, Mercer, Paulding, Putnam, Sandusky, Seneca, Shelby, Williams, Wood

**Mercy Health Partners – Northern Division**  
Mercy Mammogram Assistance Program (Mercy MAP)  
419-696-5839 – Kristi Hoefert  
Counties Served: Lucas, Ottawa, Wood, Monroe (MI)

**ProMedica Cancer Institute**  
C.A.R.E.S. (Collaboration, Access, Reduction of Barriers, Empowerment, and Screening)  
419-291-5879 – Donna Bosch  
Counties Served: Defiance, Erie, Lucas, Ottawa, Sandusky, Seneca, Monroe (MI)

**University of Toledo Health Science Campus**  
From Grays to Pink  
419-383-4817 – Brian Fink  
County Served: Shelby

**University of Toledo Main Campus**  
419-530-5199 – Lavelle Livingston  
County Served: Lucas

**YWCA of Northwest Ohio**  
YWCA-Komen Northwest Ohio Breast Health Education and Early Detection Program  
419-241-5235 – Winda Birt  
County Served: Lucas

**Diagnostic Testing**  
(ultrasound, biopsy, MRI/MBI, diagnostic mam.)

**University of Toledo Health Science Campus**  
From Grays to Pink  
419-383-4817 – Brian Fink  
County Served: Shelby

**ProMedica Cancer Institute**  
C.A.R.E.S. (Collaboration, Access, Reduction of Barriers, Empowerment, and Screening)  
419-291-5879 – Donna Bosch  
Counties Served: Defiance, Erie, Lucas, Ottawa, Sandusky, Seneca, Monroe (MI)

**Toledo-Lucas County CareNet**  
Keeping the Komen Promise+  
419-842-0800 – Julie Grasson  
County Served: Lucas

**University of Toledo Health Science Campus**  
From Grays to Pink  
419-383-4817 – Brian Fink  
County Served: Shelby

**University of Toledo Main Campus**  
419-530-5199 – Lavelle Livingston  
County Served: Lucas

**Patient Navigation**  
(patient services to support timely delivery of care)

**Hospital Council of Northwest Ohio**  
Yes, MAMM*!  
419-842-0800 – Julie Grasson  
Counties Served: Allen, Auglaize, Defiance, Erie, Fulton, Henry, Huron, Lucas, Mercer, Paulding, Putnam, Sandusky, Seneca, Shelby, Williams, Wood

**Toledo-Lucas County CareNet**  
Keeping the Komen Promise+  
419-842-0800 – Julie Grasson  
County Served: Lucas

**Firelands Regional Medical Center and Cancer Services of Erie County**  
P.S.I.C.E. (Support, Prevention, Intervention, Community Education)  
419-557-7151 – Alice Springer  
County Served: Erie

**Hospital Council of Northwest Ohio**  
Keeping the Komen Promise+  
419-842-0800 – Julie Grasson  
County Served: Lucas

**Toledo-Lucas County CareNet**  
Keeping the Komen Promise+  
419-842-0800 – Julie Grasson  
County Served: Lucas

**The Victory Center**  
Discovering Inner Strength: Support Services for Breast Cancer Survivors  
419-531-7600 – Penny McCloskey  
Counties Served: Lucas, Wood, Monroe (MI)

**University of Toledo Main Campus**  
419-530-5199 – Lavelle Livingston  
County Served: Lucas

**Treatment & Survivorship Support**  
(financial assistance for treatment, exercise/nutrition, complementary therapies, etc.)

**Hospital Council of Northwest Ohio**  
Yes, MAMM*!  
419-842-0800 – Julie Grasson  
Counties Served: Allen, Auglaize, Defiance, Erie, Fulton, Henry, Huron, Lucas, Mercer, Paulding, Putnam, Sandusky, Seneca, Shelby, Williams, Wood

**Toledo-Lucas County CareNet**  
Keeping the Komen Promise+  
419-842-0800 – Julie Grasson  
County Served: Lucas

**University of Toledo Main Campus**  
419-530-5199 – Lavelle Livingston  
County Served: Lucas

**S.P.I.C.E. (Support, Prevention, Intervention, Services of Erie County**  
Firelands Regional Medical Center and Cancer Services of Erie County  
1-877-463-3686 – Linda Nisley  
Counties Served: Defiance, Hardin, Logan, Williams

**Mercy Health Partners – Northern Division**  
Mercy Mammogram Assistance Program (Mercy MAP)  
419-696-5839 – Kristi Hoefert  
Counties Served: Lucas, Ottawa, Wood, Monroe (MI)

**ProMedica Cancer Institute**  
C.A.R.E.S. (Collaboration, Access, Reduction of Barriers, Empowerment, and Screening)  
419-291-5879 – Donna Bosch  
Counties Served: Defiance, Erie, Lucas, Ottawa, Sandusky, Seneca, Monroe (MI)

**Seneca County General Health District**  
Seneca County Mammograms Matter Program  
419-447-3691 x342 – Andrea Cook  
Counties Served: Crawford, Huron, Seneca, Wyandot

**Toledo-Lucas County CareNet**  
Keeping the Komen Promise+  
419-842-0800 – Julie Grasson  
County Served: Lucas

**Avita Health System**  
Avita CARES for Women+  
419-468-0845 – Melody Phillips  
Counties Served: Crawford, Huron, Seneca, Wyandot

**Toledo-Lucas County CareNet**  
Keeping the Komen Promise+  
419-842-0800 – Julie Grasson  
County Served: Lucas

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Seneca County Mammograms Matter Program  
419-447-3691 x342 – Andrea Cook  
Counties Served: Crawford, Huron, Seneca, Wyandot

**Toledo-Lucas County CareNet**  
Keeping the Komen Promise+  
419-842-0800 – Julie Grasson  
County Served: Lucas

**Firelands Regional Medical Center and Cancer Services of Erie County**  
P.S.I.C.E. (Support, Prevention, Intervention, Community Education)  
419-557-7151 – Alice Springer  
County Served: Erie

**Hospital Council of Northwest Ohio**  
Keeping the Komen Promise+  
419-842-0800 – Julie Grasson  
County Served: Lucas

**Toledo-Lucas County CareNet**  
Keeping the Komen Promise+  
419-842-0800 – Julie Grasson  
County Served: Lucas

**Hospital Council of Northwest Ohio**  
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P.S.I.C.E. (Support, Prevention, Intervention, Community Education)  
419-557-7151 – Alice Springer  
County Served: Erie

**Hospital Council of Northwest Ohio**  
Keeping the Komen Promise+  
419-842-0800 – Julie Grasson  
County Served: Lucas

See a health care provider if you notice any changes to your breasts including:  
• Lump, hard knot or thickening inside the breast or underarm area  
• Swelling, warmth, redness or darkening of the breast  
• Change in the size or shape of the breast  
• Dimpling or puckering of the skin  
• Itchy, scaly sore or rash on the nipple  
• Pulling in of your nipple or other parts of the breast  
• Nipple discharge that starts suddenly  
• Lingering new pain in one spot

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